

BluecoatSports

Christ's Hospital

Members Weekend

25-26
September

Members go
FREE!*

Members Day Saturday 26 September

Gymnasium

Sports Hall

Squash

Padel

Body Pump

08:00 - 09:00

Ministry Assault

09:15 - 10:15

Dance Fit

10:30 - 11:30

Body Combat

11:45 - 12:45

Jump 'N' Play

Hourly Slots

09:00 - 13:00

Parent & Child

Sculpt

09:15 - 10:15

Junior Basketball

10:30 - 11:30

Social Pickleball

11:45 - 13:45

Beginner Junior

09:00 - 09:30

Junior 1:1

09:45 - 10:00

Improvers Junior

10:15 - 10:45

Junior 1:1

11:00 - 11:15

Advanced Junior

11:30 - 12:00

Adult 1:1

12:15 - 12:30

Adult 1:1

12:45 - 13:00

Social Padel

08:00 - 09:00

Beginner Padel

10:00 - 11:00

Junior Padel

11:15 - 12:00

Pool

Yard

Studio 1

Studio 2

Aqua

12:00 - 12:45

Bootcamp

08:00-18:45

Junior Circuits

09:15 - 10:00

Learn to Lift*

10:15 - 11:15

Kettlebells*

11:30 - 12:30

*Masterclass

Beginner Step

09:00 - 09:30

Box Fit

10:00 - 10:45

Women's

Weights

11:00 - 11:45

Indoor Cycling

09:15 - 10:00

Chair Fit

10:30 - 11:15

Postnatal

Pilates

11:45 - 12:30