

TRACK LAUNCH

SATURDAY 27TH JUNE

**8.50
am**

OFFICIAL OPENING

The event will be formally opened with a speech by James Maclean, Chairman of the BCS Board, followed by a ribbon-cutting ceremony with Joanne Knowles, Chairman of Horsham District Council, and John Milne, Horsham's MP.

LAUNCH DAY FUN RUN (14+ YEARS)

Kick things off with a warm-up led by three-time Olympian Stephanie Twell, then run as far as you can within one hour and be among the first to try out our fantastic new facilities. Afterwards, relax with refreshments and explore our stallholders.

9am

10am

JUNIOR RACE

For your little 'track stars', this fun and friendly race offers a range of distances. Cheer them over the finish line, with every child receiving a participation medal. Open to children aged 3-4, 5-7, 8-11 and 12-16 years.

BEGINNERS' RUN (16+ YEARS)

A guided session for those looking to get into running. This session will comprise of a warm-up, a running activity and a cool-down, with the aim of helping you progress from walking to jogging.

**10.15
am**

11am

TRY OUT THE TRACK (16+ YEARS)

Whether you are training for a race or fancy a change of scenery, running on our 400m track offers a controlled environment that allows you to focus on performance, pacing and form.

MINI-LYMPICS (5-8 YEARS)

Try something new, have fun and burn off some energy! This is a fun introduction to athletics for ages 5-8 years, with activities including foam javelin, triple jump, throwing, long jump and more.

**11.15
am**

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am**

BEGINNERS' RUN (16+ YEARS)

Can't make the first session? We will be holding an additional Beginners' Run coaching session at 11.15am.

[Click here to book now!](#)